

Rise and Shine Runners CIC



Privacy Policy

Version	1
Approved Date	01/09/2025
Due for Review	01/09/2027
Responsibility	Board

Effective Date: [Insert Date]

Rise and Shine Runners CIC ("we", "our", "us") is committed to protecting and respecting your privacy. This policy outlines how we collect, use, and safeguard your personal information when you interact with us online (including through our Facebook group: [Rise and Shine Runners](#)) and in person.

1. Who We Are

Rise and Shine Runners CIC is a UK-based Community Interest Company dedicated to promoting physical and mental well-being through community running events and support.

- **Registered name:** Rise and Shine Runners CIC
- **Registered address:** 26 Hackness Drive, Newby, YO12 5SB
- **ICO Registration Number:** **ZB968177**
- **Contact email:** c

2. What Data We Collect

We may collect and process the following types of personal data:

- **Identity information** – name, profile name, photo
- **Contact details** – email address, phone number (if provided)
- **Health/disclosure information** – only if volunteered (e.g. fitness levels, injuries)
- **Event data** – attendance, photos/videos from events
- **Communication data** – comments, messages, or feedback through Facebook or other channels

3. How We Collect Your Data

We collect personal data when you:

- Join or interact with our Facebook group or pages
- Sign up for runs or events (via forms or in person)
- Communicate with us by email, direct message, or comment
- Volunteer or support our activities
- Appear in photos or videos taken at public events

4. Why We Use Your Data

We use your personal data to:

- Manage membership and communicate with you
- Organise and run events safely and inclusively
- Share updates, encouragement, or photos (with consent)
- Promote our mission through stories or testimonials
- Fulfil our legal obligations as a CIC and data controller

We do not sell or share your data for commercial purposes.

5. Legal Bases for Processing

We rely on one or more of the following legal bases:

- **Consent** – when you voluntarily provide data or appear in event photos
- **Legitimate interests** – to run safe and inclusive events and grow our community
- **Legal obligation** – where required by regulators (e.g. HMRC or ICO)

6. Data Sharing and Storage

We may securely store your data using:

- Encrypted devices
- Trusted cloud providers (e.g. Google, Facebook, Meta)

We may share data only when necessary, for example:

- With event co-organisers or volunteers (e.g. for safety purposes)
- With regulatory bodies if legally required

7. How Long We Keep Your Data

We keep your personal data only as long as needed:

- Basic contact info: up to 3 years after last interaction
- Event photos: indefinitely unless removal is requested
- Health/sensitive info: deleted immediately after relevant use

8. Your Rights

You have the right to:

- Access your personal data
- Request correction or deletion
- Object to certain uses of your data
- Withdraw consent at any time
- Lodge a complaint with the ICO (www.ico.org.uk)

To exercise your rights, email us at: riseandshinerunners@gmail.com

9. Use of Facebook and Third Parties

Please note that by joining or interacting with us on Facebook, you are also subject to Facebook's own privacy policy. We are not responsible for how third-party platforms handle your data.

10. Changes to This Policy

We may update this privacy policy from time to time. The latest version will always be available on request or posted in our Facebook group.

For questions or concerns, contact us at: hello@riseandshinerunners.co.uk